



## PSHE Curriculum Intent Statement

INTENT	IMPLEMENTATION	IMPACT
<p>We aim to equip our pupils with essential skills for life, developing the knowledge, skills and attributes they need to protect and enhance their own wellbeing. They will understand how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them.</p> <p>We aim to enable children to develop their identity and self-esteem as active, confident members of their community. With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, we will deliver engaging and relevant lessons with a whole-school approach.</p>	<p>Our scheme of work, alongside the school's own Values-based Education and Emotional Wellbeing programmes, is taught in thematic units. Each theme is revisited every year in an age-appropriate manner, enabling pupils to recall and build on previous learning.</p> <p>The units are delivered creatively, using many approaches such as role-play, video clips, discussions and games with groups of various sizes.</p>	<p>Our priority is to ensure the children are provided with the skills to flourish as citizens and members of the community with strong mental health and wellbeing.</p> <p>Our children will develop a vocabulary that helps them articulate their thoughts and emotions safely and seek help when needed. The teaching supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing pupils with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them.</p>