

Eversholt Lower School

Action Plan

Schools Sport and PE Premium 2022-23

Evidencing the use of the PE and Sport Premium funding: Action plan and Impact Review

The DfE Vision for the Primary PE and Sport Premium

ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

Academic Year:	2022/23
Total Funding Allocation:	£16,490.00 (Approx)
Actual Funding Spent:	£12,422

Real PE - £1745

Equipment - 412.72

OPAL - £2749.50

Redborne Sports Partnership - £3150

Swimming (KS1/EYFS) - £245

Skipping Coaching - £700

Premier PE - Professional Services - £3420

<p>To increase activity levels at playtimes and lunchtimes</p>	<ul style="list-style-type: none"> ● Work with OPAL to change the structure of playtimes and lunchtimes. ● Introduce Sports Ambassadors to lead KS1 lunchtime activities 3x a week (training provided by RSSP) ● Dan The Skipping Man to teach children to skip confidently - investment in skipping ropes for lunchtimes. 	<p>£3000.00</p> <p>£700</p>	<p>Increase physical activity during lunch and break times Children able to work more effectively with each other and play co-operatively. Children develop ability to play effectively. Increased respect for adults. Year 4s become increasingly confident organising and leading activities for others</p>	<p>OPAL programme is beginning to be introduced – with an increase in variety of lunchtime activities. Regular assemblies are being led to introduce new resources.</p> <p>10 Sports Ambassadors were trained and have led a range of activities for the Year 1 and 2 children throughout the year.</p> <p>Children more confident with their skipping and increased engagement with skipping at lunchtimes and playtimes.</p>
<p>To be more active during the school day</p>	<ul style="list-style-type: none"> ● Introduce 5 a day challenge (5 activities – 2 mins per activity during the afternoon) - Ensure equipment available 	<p>£100</p>	<p>Children have increased concentration during the afternoon session.</p>	<p>5-a-day challenge has been trialled in KS2 for introduction with other year groups in September</p>
<p>To increase water safety and awareness and raise attainment in swimming</p>	<ul style="list-style-type: none"> ● Swimming for EYS and KS1 during summer 2. 	<p>£500</p>	<ul style="list-style-type: none"> ● Improved swimming levels ● Increased understanding of how to act around the water. 	<p>Swimming in KS1 and EYFS has proved successful during the summer term, with children becoming increasingly confident in the water.</p>
<p>To continue development of outside curriculum</p>	<ul style="list-style-type: none"> ● Continued support of Forest School ● Some funding support for Forest School leader ● Children to have time built into their weekly curriculum for Forest School 		<ul style="list-style-type: none"> ● Children develop their love of the outdoors ● Children build social skills and perseverance skills. ● Children develop ability to play. 	<p>Forest School has run weekly for every child during the year. This has developed the children’s ability to problem solving, social skills and perseverance.</p>
<p>Indicator 3: The profile of PE and sport being raised across the school as a tool for whole school improvement</p>				

Objective	Key Actions	Allocated funding	Anticipated outcomes	
To encourage leadership among children	Sports Ambassadors Sports Council House Captains to take an active role in leading intra-school competitions KS2 children to lead warm ups in PE lessons		Children become confident leaders Children develop ability to work with others in different situations	Sports Ambassadors led effective lunchtime clubs, especially during Autumn term. Whole school has been involved in assemblies, discussing rules for lunchtime OPAL activities. Children becoming effective at developing warm up activities, during Real PE sessions.
To embed physical activity in the school day	OPAL active and constructive lunchtimes 5 a day activity sessions introduced mid afternoon	As above	Increased activity Improved concentration Less intervention by adults	OPAL lunchtimes are beginning to provide a variety of activities for children to engage in and explore. Activities that are physically and mentally stimulating. Trials of the 5 a day programme have been effective. Needs embedding into KS1 and KS2 curriculum.
Indicator 4: Broader experience of a range of sports and activities offered to all pupils				
Objective	Key Actions	Allocated funding	Anticipated outcomes	
To ensure all KS2 children attend an outdoor education residential experience.	<ul style="list-style-type: none"> Book York (Y4) and Caldecotte (Y3). Subsidize trip. 	£500	A new and exciting experience for all. Teamwork, challenging themselves, improving confidence etc.	Year 3 attended Caythorpe and participated in a number of OAA activities Year 4 went to York, developing their independence, resilience and co-operation skills – this was also a cross-curricular trip, focusing on art and history.

<p>To introduce swimming to KS1 and EYFS children in the summer term.</p>	<ul style="list-style-type: none"> ● Hire local swimming pool. ● Gain parental consent. ● Hire a swimming instructor. 	<p>£400</p>	<ul style="list-style-type: none"> ● Providing children with the opportunity to swim. ● Key life skills. ● Further experience to prepare them for the KS2 swimming expectations. 	<p>All children have been provided with swimming lessons this year. KS1 and Early Years have had 7 lessons of 20 minutes each, in groups of about 10.</p> <p>This has helped the children develop their water confidence and basic skills.</p>
<p>To continue supporting Forest School</p>	<ul style="list-style-type: none"> ● Gain access to extra estate land ● Employ a Forest School Lead who can implement Forest School and inspire 	<p>£5000</p>	<ul style="list-style-type: none"> ● Children each participate in at least an extra hour to an hour and a half of physical activity outside each week. ● Increased outdoor learning opportunities for KS2 during other curriculum areas. 	<p>Each child has attended 36 weeks of Forest School this year.</p> <p>This has helped them develop their problem solving, listening and talking, co-operation, team work, leadership skills, resilience, ability to take and manage risks.</p> <p>It has also helped the children develop their understanding of nature and the changes of the seasons.</p>
<p>To inspire young people with coaching from professionals</p>	<ul style="list-style-type: none"> - As part of Redborne Partnership, Badminton Coach to attend. - Dan The Skipping Man - lead skipping lesson for children 		<ul style="list-style-type: none"> ● All children have a 1hr badminton experience with an international badminton player ● All children have 1 hour skipping session 	<p>Mhairi Armstrong spent a morning with each class. Modelling a variety of coaching techniques for teachers and developing a range of skills from serving to overhead shots for the children during the session</p> <p>Children skipping with increased confidence.</p>
<p>Indicator 5: Increased participation in competitive sport</p>				
<p>Objective</p>	<p>Key Actions</p>	<p>Allocated funding</p>	<p>Anticipated outcomes</p>	

<p>To attend an increased number of interschool competitions.</p>	<ul style="list-style-type: none"> ● Work with Redborne School Sport partnership. ● Enter a wide variety of inter school activities, including different levels – play, development, competition ● In some instances enter a second team. 	<p>£2500.00</p>	<ul style="list-style-type: none"> ● Children will have a positive experience of competition. ● Children will have a love of sport. ● All children in KS1 and KS2 will take part, developing enjoying and confidence from participation. 	<p>All KS2 children and most KS1 children have participated in inter school events. Those who excel have participated in inter school competitions. These opportunities have allowed the children to develop their skills with other children and in different and inspiring environments.</p>
<p>To lead 6 intra sports events for the whole school each half term.</p>	<ul style="list-style-type: none"> ● Follow intra sports plan. ● Keep a log of results in the hall. ● Ensure sports ambassadors help to run these events. ● Present trophy in the summer term. 	<p>£0</p>	<ul style="list-style-type: none"> ● Children will have a positive experience of competition. ● Children will have a love of sport. ● Children will get to know the children in their houses better. 	<p>There have been intra-school competitions in KS2, at the end of most units, however this is to be developed over the next year. Sports Day was participated in by all children, with an emphasis on enjoyment, but with a winning house at the end of the event and stickers for participants.</p>

Swimming: 79% of Year 4 students can swim 25 metres, using a variety of strokes